

FOREST NATURE WALK IN BRIDLE TRAILS STATE PARK

Join Jim Erckmann, a trustee for Bridle Trails Park Foundation, for a nature walk in Bridle Trails State Park on Saturday, September 26. Learn about the history of the park and the natural history of the park's forest



We will discuss the history of the park, how the land was used before it became a park, and how the forest is well on the way to becoming an old-growth forest. We will identify and talk about the common plants in the park, and discuss the common animals in the park and how biological diversity increases over time as the forest develops.

Jim Erckmann is a Trustee of the Bridle Trails Park Foundation. He has a Ph.D. in ecology and more than 30 years experience in environmental science. He has done research on birds in the Arctic and taught ecology at the University of Washington. He currently manages a multi-disciplinary group of professionals engaged in restoring streams and forests damaged by past human use.

For more information on the walk, please contact Jim Erckmann at: erckmann1@verizont.net or (425) 827-6595. More Information on the park can be found at www.bridletrails.org.

When: The walk will be from 9 till noon on **Saturday, September 26**

Where: The walk will start near the main entrance to Bridle Trails State Park, on 116th Avenue NE at about NE 53rd Street. Take Exit 17 off I-405 (NE 70th Place), turn south onto 116th Avenue (just east of 405), and travel south about 1/2 mile to the park entrance. We will gather in the parking lot, just south of the entrance.

Parking: Parking is available for free in the parking lot.

Preparation: Trails may be muddy, and it could rain, so wear hiking boots and clothing for wet and cold weather if appropriate. Bring your field guides and your questions.