



To aide in nature connection remotely, we have created self-guided activities and lessons for children and adults to enjoy the park and learn along the way. We hope this inspires you to slow down, learn about our beautiful park, and build deep connections with nature. Please bring a clipboard and pen or pencil.

Find Your Fern Friend

Ferns are ancient plants that are different from trees and flowers. They are only found in moist areas such as Washington State. There are over 10 species of fern in our state, and the following can be found in Bridle Trails State Park: Maidenhair, Lady, Deer, Coastal Wood, Spreading Wood, Licorice, Sword, and Bracken. For this activity, draw two or more ferns you find while walking in the park. Can you identify them based on your drawings?

Draw the patterns of the leaflets and note how the leaves sprout from the ground. A distinguishing characteristic of ferns is the texture of their leaves (evergreen vs. deciduous) and how they grow (singular vs. whorl). Make sure you create a scientific drawing by including written notes in your drawing. Space for drawing is included below or draw more in your own journal!

